

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Results - Session 8 (Warmup 11.55 - 12.25)

Event 323 Boys 12-13 400 LC Meter Freestyle

| Name          |                 | AgeTeam |            | Prelim Time |  |
|---------------|-----------------|---------|------------|-------------|--|
| Preliminaries |                 |         |            |             |  |
| 1             | Cook, Noah      | 12      | Torfaen D  | 5:19.16     |  |
|               | 34.23           | 39.11   | 40.94      | 41.71       |  |
|               | 40.91           | 41.56   | 40.84      | 39.86       |  |
| 2             | Jones, Spencer  | 13      | Wrexham    | 5:19.55     |  |
|               | 34.11           | 39.71   | 41.00      | 41.11       |  |
|               | 40.56           | 41.39   | 40.68      | 40.99       |  |
| 3             | Chalk, Alistair | 13      | Co Newport | 5:21.75     |  |
|               | 35.18           | 39.79   | 41.25      | 41.46       |  |
|               | 41.53           | 41.18   | 41.00      | 40.36       |  |